

DIETITIAN

The following class specification is intended to represent only the key areas of responsibilities; specific position assignments will vary depending on the business needs of the department.

DEPARTMENT: Health**REPORTS TO:** Nutrition Services Supervisor**CLASS SUMMARY**

Provides comprehensive nutritional services for County residents to include counseling, performing assessments and presenting education programs.

DISTINGUISHING CHARACTERISTICS

The Dietitian is a stand-alone classification. The Dietitian is distinguished from the Nutritionist in that it is registered with the American Dietetic Association and performs comprehensive and complex dietetic services.

TYPICAL CLASS ESSENTIAL DUTIES

- Counsels clients to improve nutritional status by implementing nutritional care plans.
- Performs comprehensive nutritional assessments to include responding to referrals from agencies and health care providers; evaluating socio-economic data; reviewing medical histories, anthropometric data, and dietary data; and interviewing clients.
- Develops and documents nutritional care plans and discusses plans with referring health care providers.
- Prepares and presents educational programs on nutrition for health care providers and community groups and in the local media.
- Coordinates the County's nutritional programs with those of other care providers to ensure a comprehensive, team approach.
- Conducts research on specific topics in nutrition and public health to assist program clients.
- Participates in professional workshops and reviews newsletters and journals to remain informed on current topics in nutrition and public health.
- Performs other duties of a similar nature or level.
- Performs work during emergency/disaster situations.

POSITION SPECIFIC DUTIES

Does not apply.

KNOWLEDGE AND SKILLS

Knowledge of:

- Current topics in nutrition and public health;
- State and local social service and public health programs;
- Advanced therapeutic nutrition and dietetic principles and practices;
- Comprehensive knowledge of infant and child development and feeding;
- Community issues related to nutrition;
- Human behavior and techniques to effect behavior change.

Skill in:

- Counseling clients;
- Using a computer and related software applications;
- Performing comprehensive analysis of nutritional data;
- Formulating appropriate dietary recommendations;
- Preparing and making presentations;
- Communication, interpersonal skills as applied to interaction with coworkers, supervisor, the general public, etc. sufficient to exchange or convey information and to receive work direction.

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TRAINING AND EXPERIENCE

Bachelor's Degree in Nutrition or Dietetics and two years of related nutrition experience; or an equivalent combination of education and experience sufficient to successfully perform the essential duties of the job such as those listed above.

LICENSING/CERTIFICATION

- Registered Dietitian with the Commission on Dietetic Registration of the American Dietetic Association.

PHYSICAL REQUIREMENTS/WORKING CONDITIONS

Typically requires reaching, standing, walking, fingering, grasping, talking, hearing, seeing, and repetitive motions.

Sedentary Work: Exerting up to 10 pounds of force occasionally and/or a negligible amount of force frequently or constantly to lift, carry, push, pull or otherwise move objects, including the human body. Sedentary work involves sitting most of the time. Jobs are sedentary if walking and standing are required only occasionally and all other sedentary criteria are met.

GENERAL INFORMATION

FLSA Status: Exempt

Class Spec Established/Revised: E10/99; R9/04